

NOW ACCREDITED



Federation of Medical Women of Canada

Fédération des femmes médecins du Canada



TO REGISTER:
www.FMWC2023.com

2023 EDUCATIONAL CONFERENCE & AGM

HEALTH ADVOCATES: *Creating Connections, Synergizing Energies*

SEPTEMBER 23 - 24, 2023

HOTEL ARTS, 119 12 AVENUE SW CALGARY, ALBERTA

AGENDA

Saturday, September 23, 2023

8:00 - 8:30 am	<i>Registration & Breakfast</i>
8:30 - 9:30 am	Annual General Meeting - Members only
9:30 - 9:45 am	Opening Remarks & Indigenous Land Acknowledgement – Dr. Kimberly Williams, FMWC President-Elect
9:45 - 10:15 am	Opening Keynote Address: Advocacy, Politics & Leadership: Thoughts from a Surgeon turned Senator – The Honourable Flordeliz (Gigi) Osler
10:15 - 10:45 am	<i>Nutrition break</i>
Plenary 1 - Equity Gaps in Access Moderators: Dr. Shelley Zieroth / Ms. Isabella Churchill	
10:45 - 11:00 am	Health System Issues – Speaker TBC
11:00 - 11:15 am	Transhealth Care Gaps – Dr. Simone Lebeuf
11:15 - 11:30 am	Cardiovascular Disease in Women: A Call for Action – Dr. Alex Bastiany
11:30 - 12:00 pm	Q&A and Panel Discussion
12:15 - 1:15 pm	<i>Lunch Symposium (unaccredited)</i>
Plenary 2 - Building Skills for Wellness Moderators: Dr. Manrit Takhar / Dr. Paule Bertholet	
1:30 - 1:45 pm	Key Tips for Resiliency – Dr. Mamta Gautam
1:45 - 2:00 pm	Leadership Skills for 2023 and Beyond – Dr. Kathleen Ross
2:00 - 2:15 pm	Conceptualizing Wellness in the Planetary Health Framework – Dr. Ojstoh Horn
2:15 - 2:45 pm	Q&A and Panel Discussion
2:45 - 3:15 pm	<i>Nutrition break</i>
3:15 - 4:00 pm	Take Control of Your Life: Values-Based Living – Dr. Marie Claire Bourque
4:00 - 6:00 pm	<i>Leisure Time</i>
6:00 - 7:00 pm	Cocktail Reception
7:00 - 10:00 pm	Awards Dinner

Sunday, September 24, 2023


7:30 - 8:00 am	Optional Yoga & Meditation – Dr. Jadah Johnson
8:00 - 8:30 am	<i>Breakfast</i>
Plenary 3 - Building Advocacy Skills for Tomorrow Moderators: Dr. Anne Niec / Dr. Brian Hodges	
8:30 - 8:50 am	Advocacy Skills in Medicine – Dr. Seema Marwaha
8:50 - 9:10 am	Personal PR: Why Your Brand Matters – Ms. Christina Pilarski
9:10 - 9:30 am	Physician Advocacy to Improve Global Health – Dr. Connie Newman
9:30 - 9:45 am	Q&A and Panel Discussion
9:45 - 10:15 am	<i>Nutrition Break and Poster Viewing</i>
10:15 - 10:45 am	Keira's Law: Turning Tragedy into Domestic Violence Advocacy – Dr. Jennifer Kagan
10:45 - 11:10 am	Student Advocacy Presentation and Media Release – Ms. Santana Hernandez and Ms. Danielle Stacey
11:10 - 11:15 am	Closing Remarks – Dr. Kimberly Williams
11:15 - 12:00 pm	Past Presidents Meeting
12:00 - 1:00 pm	Board Meeting

LEARNING OBJECTIVES

- Define important gaps in women and girls' health.
- Recognize and enhance your leadership style and potential.
- Employ skills to advocate effectively.
- Identify strategies for improving and maintaining your wellness.
- Develop professional and social networks.

This **Group Learning** program has been certified by the College of Family Physicians of Canada and the Alberta Chapter for up to **6.50 Mainpro+ credits**.

This event is an **Accredited Group Learning Activity** (Section 1) as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada, and approved by the SOGC. You may claim a maximum of 6 hours (credits are automatically calculated).

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