



Federation of Medical  
Women of Canada

Fédération des femmes  
médecins du Canada

# Program

## **90th Annual General Meeting & Scientific Session**

### **Women as Medical Leaders: Empowered, Engaged and Extraordinary**

**September 19-21, 2014**

The Coast Coal Harbour Hotel  
Vancouver, BC

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Women physicians innately bring many of the traits needed for leadership today. They work in their patients' best interest to make things happen, and advocate for change. Along with key updates in healthcare across several medical disciplines, this conference is designed to nurture leadership skills and talent to allow women physicians to optimize their potential and lead initiatives aimed to improve patient care.



# Women as Medical Leaders Empowered, Engaged, Extraordinary September 19-21, 2014 Vancouver, BC



## Message from the FMWC President Dr. Monique Bertrand

It is my great privilege to welcome you to the 2014 FMWC AGM and Scientific session in beautiful Vancouver, British Columbia. For more than nine decades, the FMWC has been committed to the development of women physicians and the well-being of all women. My term as President is winding down, and I would like to thank all of you for your ongoing support. As Past President, one of my duties will be to encourage many of you to run for the FMWC Board of Directors. We owe this year's excellent program to the efforts of our AGM Planning Committee. It is packed with speakers, discussion panels, interactive sessions, and enough time to renew acquaintances, share experiences, and hopefully forge new friendships. I encourage you to come prepared to engage with others and share your experiences on this topic of significant relevance to the FMWC and Female Physician/leaders. Enjoy!



## Message from the FMWC President Elect & Chair of AGM Committee Dr. Mamta Gautam

Thank you to all who are attending our 90<sup>th</sup> Annual General Meeting "Women as Medical Leaders: Empowered, Engaged, Extraordinary". There is no better support than your attendance. As members, you are very important to us; as supporters, you are vital to the success of the FMWC. We are proud of this conference that truly offers something for every woman in medicine. I appreciate the support and applaud all the hard work done by my colleagues on the Board of Directors and the AGM Planning Committee. I would also like to thank our speakers, volunteers, and sponsors for their ongoing support. As I humbly begin my term as 2014-2015 President of the FMWC, I look forward to continuing the conversation to enhance and support women physicians as leaders.

REGISTER NOW: [www.FMWC.ca](http://www.FMWC.ca)



# Women as Medical Leaders

## Empowered, Engaged, Extraordinary

September 19-21, 2014 Vancouver, BC

### Friday, September 19, 2014

<b>8:00 - 8:30</b>	<b>Workshop Registration</b>	<i>Grouse Room Foyer</i>
<b>8:30 - 12:00</b>	<b>PRE-CONFERENCE WORKSHOP</b>	<b>GROUSE ROOM</b>
<p><b>Dr. Mamta Gautam</b>, Psychiatrist, Physician Health Expert  <b>Quit Being Good, Be Great: Enhancing Your Leadership Skills</b></p> <ul style="list-style-type: none"> <li>• Understand why we try to be "good", and do the right thing; and how this has helped us achieve success to date.</li> <li>• Explore how this can hold one back as we advance to leadership roles.</li> <li>• Learn specific strategies to enhance our personal leadership development skills, including assertiveness, and adoption of new attitudes and behaviors for continued advancement and success.</li> </ul>		
<b>12:00 - 13:00</b>	<b>Lunch on your own</b>	
<b>13:00 - 17:00</b>	2013-2014 Board Meeting (Board members only)	<i>Grouse Room Foyer</i>
<b>18:00 - 20:00</b>	<b>OPENING RECEPTION</b>	<b>GROUSE ROOM</b>
<b>20:00 - 22:00</b>	<b>SCOTIABANK STUDENTS AND RESIDENTS RECEPTION</b>	<b>DOWNTOWN VANCOUVER</b>

### Saturday, September 20, 2014

<b>7:30 - 8:00</b>	<b>Event Registration</b>	<i>Coast Coal Harbour A Foyer</i>
<b>8:00 - 9:30</b>	<b>BREAKFAST &amp; ANNUAL GENERAL MEETING</b>	<b>COAST COAL HARBOUR A</b>
<b>9:30 - 9:45</b>	<b>WELCOME AND SETTING THE STAGE</b>	
<b>10:00 - 10:45</b>	<b>OPENING ADDRESS</b>	
<p><b>Dr. Jan Christilaw</b>, President, BC's Women's Hospital  <b>The Doctor is in the (Corner) Office: Women Physicians in Leadership Roles</b></p> <ul style="list-style-type: none"> <li>• Recognize your leadership potential and incorporate it into career planning</li> <li>• Incorporate Leadership principles into your work on a daily basis</li> <li>• Use the LEADS framework to balance clinical work, leadership and personal life</li> </ul>		
<b>10:45 - 11:00</b>	<b>Break</b>	
<b>11:00 - 12:00</b>	<b>PLENARY</b>	<b>COAST COAL HARBOUR A</b>

**Dr. Shelley Ross**, Secretary-General MWIA, Past-President BCMA  
**Leadership through the Lens of Medical Politics**

- Understand why having a strategy is worthwhile
- Understand the difference between governance and management
- Understand the importance of relationship building
- Understand the importance of emotional intelligence

12:00 - 13:00 AWARDS LUNCHEON  
13:00 - 13:45 PLENARY

COAST COAL HARBOUR A  
COAST COAL HARBOUR A

**Dr. Charmaine Roye**, Director Professional Relations and Strategic Health Alliances; CMA; ex-Chief of Staff, Brantford General Hospital

**The Long and Winding (Administrative) Road**

- How to prepare for positions in healthcare organizations
- How to remain open to career opportunities
- How to develop networks and support systems in medical organizations

13:45 - 14:45 WHAT'S NEW UPDATES

COAST COAL HARBOUR A

**Dr. Shaila Misri**, Psychiatry, Reproductive Mental Health, BC Women's Hospital & Health Centre

**What's New in Mood and Anxiety Disorders?**

- Antidepressants and female sexual health
- New augmentation strategies in the treatment of unresolved depression
- Cognitive deficits, depression, and quality of life
- New advances in pharmacotherapy of mood disorders

**Dr. Christina Parsons**, Oncology, Vancouver BC

**What's new: Changing Perspectives**

- Be aware of the 2 categories of physicians, and the value of vulnerability
- Be able to identify at least one area where a small system improvement can make a difference in outcomes

14:45 – 15:45 SCOTIABANK STUDENT & RESIDENT POSTER SESSION

COAST COAL HARBOUR A

16:00 - 17:00 WHAT'S NEW UPDATES

COAST COAL HARBOUR A

**Dr. Monique Bertrand**, Head, Gynecological oncologist, London Health Services Centre

**Cervical Cancer Screening - Are the Days of the Pap Smear Numbered?**

- Review the relationship of HPV (human papilloma virus) and Cancer of the Cervix;
- Discuss new screening modalities for cancer of the cervix;
- Provide an update of the new Screening Guidelines for Cancer of the Cervix;
- Discuss the impact of the HPV vaccine on HPV-related malignancies such as cancer of the cervix and other non-gynecologic malignancies.

**Dr. Ellen Burgess**, Nephrology, Calgary AB

**Hypertension in Canada- We Have Come a Long Way**

- Outline the status of hypertension in Canada
- Describe how the control of hypertension in Canada was accomplished
- Discuss the prevalence and cause of hypertension in women in Canada
- Describe how we might be able to further improve the management of hypertension in Canada, and thus reduce the negative health outcomes beyond what we have accomplished since 1997

18:00 MEETING IN THE LOBBY FOR THE SOCIAL EVENT:  
HARBOUR CRUISE WITH DINNER AND DANCING

HOTEL LOBBY

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# Women as Medical Leaders

## Empowered, Engaged, Extraordinary

September 19-21, 2014 Vancouver, BC

**Sunday, September 21, 2014**

**7:30 - 8:30 Breakfast** **Coast Coal Harbour A Foyer**  
**8:30 - 10:00 LEADERSHIP PANEL** **COAST COAL HARBOUR A**

**Dr. Gail Beck**, Board of Directors, OMA and CMA

**Dr. Meera Dalal**, Resident in Internal Medicine; Global Journalism Fellow, Munk School of Global Affairs, University of Toronto

**Dr. Heidi Oetter**, Registrar, College of Physicians and Surgeons of BC

**Dr. Shirley Sze**, Family physician and leader, Kamloops, BC

- Understand the many leadership roles available to women in medicine, and factors in deciding the position one would choose.
- Appreciate the challenges inherent as a female leader, and strategies to address them.
- Gain key lessons about successful leadership as a medical woman.

**10:00 - 10:30 Break**

**10:30 - 11:15 SUPPORTING WOMEN LEADERS PANEL** **COAST COAL HARBOUR A**

**Mr. Hassan El Masri**, Notary Public/Spouse of a Resident

**Mr. Brian Geddes**

**Mr. Don Stephenson**

- Understand what your experience has been as you support your partner leader.
- Learn your best strategies to offer this support.
- Gain critical tips on how women leaders can most effectively seek, ask for, and recognize such support.

**11:15 - 12:00 CLOSING PLENARY** **COAST COAL HARBOUR A**

**Honourable Dr. Hedy Fry**,

Member of Parliament for Vancouver Centre and Federal Liberal Health Critic

**The Female Physician: Understanding your patient and your role in changing lives**

- The holistic approach to medicine: Your credibility in changing lives.
- Becoming an advocate for your patients, their families and society: Everything is interrelated and using your credibility as a physician to speak
- Interrelated nature of policymaking: bringing about meaningful change through rounded observations about causality and a rounded view to problem solving.
- Female physicians: a view of measurable goals and outcome-based, evaluative processes

**12:00 - 12:30 CLOSING REMARKS** **COAST COAL HARBOUR A**

**12:30 - 13:00 Grab & Go lunch** **Coast Coal Harbour A Foyer**

**13:00 - 13:45 Meeting of the New 2014- 2015 Board**  
**(Board members only)**

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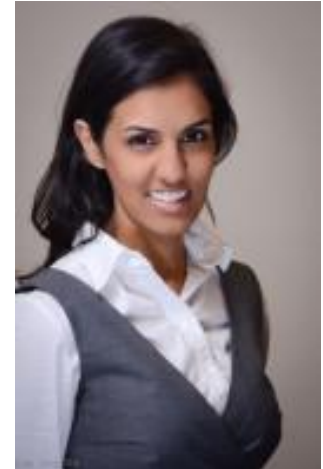
# 2014 FMWC AWARD RECIPIENTS



**2014 Special Recognition**  
Dr. Lalita Malhotra



**2014 Honorary Member**  
Detective Leaver



**2014 MARF Grant**  
Dr. Pamela Liao

## AGM Planning Committee

**Dr. Monique Bertrand**, Obstetrics Gynecology  
**Dr. Crystal Cannon**, Family Medicine  
**Ms. Isabel Chen**, MD Candidate 2015, University of British Columbia  
**Dr. Teresa Clarke**, Family Medicine  
**Dr. Mamta Gautam**, Psychiatry - Chair  
**Dr. Kathleen Gartke**, Orthopedic Surgery  
**Dr. Radka Lenz**, Psychiatry  
**Dr. Pam Liao**, PGY1, Family Practice, University of Toronto  
**Ms. Anaëlle Raffray**, National Executive Coordinator, FMWC  
**Dr. Shelley Ross**, Family Medicine  
**Dr. Carole Williams**, Family Medicine  
**Dr. Susan Wilkinson**, Family Medicine



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